

# Wendouree Juniors Asthma Management Plan

Child's Name: \_\_\_\_\_

## Emergency Action Plan

1. What are the child's usual symptoms of asthma? Please (✓)

Wheezing

Tightness in chest

Coughing

Difficulty in Breathing

Other (please specify): \_\_\_\_\_

2. What are the child's signs/symptoms of worsening asthma?

Please describe:

3. Please selected (✓) preferred **Emergency Action Plan**

- If it is a severe attack call an ambulance immediately (Dial 000) and follow the 4 step Asthma First Aid Plan until the ambulance arrives.
1. Sit child upright- be calm and reassuring.
  2. Without delay give 4 puffs of the Reliever inhaler (Ventolin, Asmol, Respolin, Bricanyl), one puff at a time via a spacer.
  3. Wait 4 minutes
  4. If there is no improvement, give another 4 puffs, as per step 2. If still no improvement- call an ambulance immediately and state that a child is having a asthma attack. Continue to use steps 2 & 3 whilst waiting for the ambulance.

**My child's Emergency Action Plan**

Medication	Dosage (eg. 2 puffs)	Method (eg. Puffer & spacer)	How often (eg. Every 4 hrs)

Additional Comments:

Signature of Parent/Guardian: \_\_\_\_\_