

MINUTES OF THE ANNUAL GENERAL MEETING HELD AT THE CE BROWN RESERVE WENDOUREE ON 21st MAY 2023.

PRESENT:

Phillip McLennan, Brendan Hawkes, Michelle Hawkes, Alison Fidler, Graeme Quick, Peter Luke, Caitlin Christie, Nev Down

APOLOGIES: Shane Bicknell, Julie Bicknell, Chris Lang

PRESIDENT'S WELCOME:

Welcome address by Brendan Hawkes

MATTERS ARISING from 2022 Annual General Meeting:

Website progress – it is still a work in progress.

CONFIRMATION of the 2022 Annual General Meeting Minutes:

Moved	Alison Fidler	Sec	Nev Down	Carried
--------------	---------------	------------	----------	----------------

ANNUAL REPORTS:

Presidents Report by Brendan Hawkes:

Attached at the end of minutes.

Cross country report by Phil McLennan:

Attached at end of minutes.

Junior report by Michelle Hawkes:

- **Cross-Country** - The junior cross-country season has really grown over the past few years. For the last season we had around 30 kids and they were a great bunch of kids. We really focus on the kids challenging themselves and bettering their PB's over the season.

- **Track and Field** - The Wendouree Junior Track and Field 2022/23 season again went extremely well, we had just over 300 kids registered. The junior presentations were great, and we had lots of compliments about them. As we keep on saying every year the junior athletic program is the major fundraiser for the Wendouree Athletic Club and it would be great to have some more help, although this year it was fantastic to have a few extra kids and parents help out. We must again say a big thankyou to Zac Grainger who came along every single Friday to help it so great to have a young man like him. Zac is very admired by all the kids. A big thank you also to Rosie Hunt, Josh Hawkes, Lockie O'Keefe and Bronwyn, Mackayla and Sam, Lucy Bennett and Kiera Canfield-Culley for also doing a fabulous job helping out on a Friday night. Another big thankyou to our parents/grandparents who also come along and helped again this season, Gordon Davis, Judy and Rick Winnell and Damien Williams, thank you so much. If we didn't have them, we wouldn't be able to conduct the BBQ each week. It was so good having the extra help this season and we really hope to get more senior and junior athletes coming along and helping out next season.

-

Track and field report by Neville Down:

Attached at end of minutes.

Woody Yaloak report by Peter Luke:

Attached at end of minutes.

Treasurers Report by Alison Fidler:

Available on Request

All Reports Moved as Read:

Moved	Caitlin Christie	Sec	Alison Fidler	Carried
--------------	------------------	------------	---------------	----------------

FINANCIAL STATEMENT:

Bendigo Bank Term Deposit - current investment \$****. Interest rates on the improve.

Equipment Purchased - New Tent Canopy, bag and bow flags, starting blocks, vortex

Major Expenses - Trophies and medals, **Junior Certificates**

Wendouree Juniors - Again great support for our junior athletic program which generated over \$**** in registration fees. The BBQ again was successful and well supported.

Ballarat Triathlon Club - This year again saw dedicated committee members volunteering their time to road marshall over five events which raised \$**** for the club

Banksia Funds - To date 91.5% of funds have been returned to the club - additional distributions may be received this coming year.

Insurance - Public Liability Insurance paid 03/05/2023 = \$3625.00 (not included in this years figures)

Moved	Alison Fidler	Sec	Peter Luke	Carried
--------------	---------------	------------	------------	----------------

ELECTION OF OFFICE BEARERS:

All positions for the Wendouree Athletic Club were declared vacant and Phil McLennan was asked to take the chair for the duration of the Elections.

Position:	Nominee:	Nominated By:	Seconded By:
President	Brendan Hawkes	Phil McLennan	Alison Fidler
Vice President	Nev Down	Alison Fidler	Phil McLennan
Secretary	Michelle Hawkes	Brendan Hawkes	Nev Down
Treasurer / Finance Officer / Fundraising	Alison Fidler	Michelle Hawkes	Brendan Hawkes
Jnr Vice President	Position left vacant		
Cross Country Convener	Phil McLennan	Brendan Hawkes	Nev Down
Jnr Cross Country Convener	Michelle Hawkes/Alison Fidler	Caitlin Christie	Brendan Hawkes

21-5-2023

Records Officer	Phil McLennan	Caitlin Christie	Graeme Quick
Social Media (Facebook, Instagram), IT / Website Manager, Communications	Caitlin Christie	Nev Down	Alison Fidler
Jnr T&F Convener & Jnr Development Officer	Michelle Hawkes	Caitlin Christie	Nev Down
Jnr Development Officer	Alison Fidler	Michelle Hawkes	Brendan Hawkes
AV Delegate	Steve McLennan	Graeme Quick	Brendan Hawkes
Av Delegate	Caitlin Christie	Graeme Quick	Brendan Hawkes
Additional Committee Members	Peter Luke		

Comments. Phil McLennan passed on his congratulations and best wishes to the incoming committee.

NOTICES OF MOTION:

Nil

GENERAL BUSINESS:

- **Membership fees.**

Category	2023-24	2024-25	Proposed 2025-26
Open athlete	\$45	\$45	\$50
Juniors (13-19)	\$35	\$35	\$40
Recreational runner	\$45	\$45	\$50
*Social	\$45	\$45	\$50
Coach	\$0	\$0	\$0
Official	\$0	\$0	\$0

*Athletics Victoria membership category not applicable to this club.

Moved	Nev Down	Sec	Alison Fidler	Carried
--------------	----------	------------	---------------	----------------

- Cross country 2025 season ticket (all age groups including juniors)
- Season ticket \$30

Moved	Brendan Hawkes	Sec	Alison Fidler	Carried
--------------	----------------	------------	---------------	----------------

Accounts for payment:

AV affiliation Fee be paid when due

Moved	Alison Fidler	Sec	Michelle Hawkes	Carried
--------------	---------------	------------	-----------------	----------------

Questions from the floor:

Nil

Meeting Closed at 5.28pm

President's Report 2022/2023

Let's begin with saying that the 2022 cross country season was back to normal, 'No Covid!!' Congratulations to Phil McLennan who was aggregate winner. We saw some great results throughout the season with the BRAC Ballarat Teams in the AV XCR'22 competition. We also had a number of athletes compete at the State and National Championships with outstanding results. In the Nation Cross Country Mitch Korosec finished 13th overall in the under 14 men's 3km, 4th Victorian over the line and he also received a silver medal in team's event. Not one of Zac's best runs but very creditable. He wins the award for compassion and sportsmanship after he assisted a fellow athlete across the finish line who had collapsed on the course.

Congratulation to everyone involved in the Ballarat AVSL 2022/23 competition. What a season! We took out the AV Division 2 premiership (from Mentone), in the BRAC competition we won the Open Women, Open Men, Open Combined, 40+ Women, U14 Women and U18 Women premierships. Thank you to everyone from Wendouree that put their hands up to compete, officiate and help out throughout the season.

We had some outstanding performances in the Vic Country Champs. In a quick summary of individual results Wendouree won 16-gold, 21-silver and 15-bronze medals over the 3 days of competition. The number of personal bests across the competition was amazing. Well done to everyone that competed and once again thank you to all our officials and club helpers for making the competition happen and run smoothly. We must also acknowledge Angela Williams who was again the winner of the Athletics Chilwell Veteran of the meet award.

The State championships were no different with lots of medals and PB's. The Wendouree athletes brought home 2 gold medals, 4 silver medals and 4 bronze medals. Congratulations to everyone who competed.

At the National championships the junior athletes were outstanding and just to mention a couple of athletes Lachlan O'Keefe who won a gold medal in the U20 High Jump, and Mitch Korosec who won Bronze in the u15 3000m.

Another exciting competition that happened during the 2023 year was the World Cross Country Championships at Bathurst and a big congratulation to Angela Williams for her amazing run at the World Master Cross Country Championships at Bathurst. Ang is now the 50+ Female World Masters Champion.

21-5-2023

For those who follow our athletes via Facebook and Instagram, thank you to Caitlin Christie who, after many hours officiating, spends endless hours at night trolling through results to post the results, so we and all our family and friends, are kept informed during and after all the athletes' events.

Also thank you to Nev for his fabulous photography throughout the season, we all love seeing your photos.

Thank you again to everyone that helps organise and run the junior Track and Field competition on Friday nights during the warmer months, the participations numbers are again right up there again this year, and we had lots of happy kids and parents.

The junior cross-country competition has started back up again, and we have great numbers this year. Friday night seems to work well as it is growing each year.

Congratulations to the winners of one of the club's highest awards:

* The Bill Cleary Trophy Best Club Person (for track season) Michelle Hawkes was the winner. Thank you, Michelle, for your dedication to the club and all the time you put in.

* The Brian Gudgeon Best Club Person (Cross Country Season)– Zac Grainger was the winner. Zac received this award for his compassion in helping a fellow athlete at the National Champs, as well as his fantastic help with our junior cross-country program on a Friday night.

In finishing, I would like to thank the board and committee members for another great year, we continually work together so well to keep the club and the sport going strong.

Brendan Hawkes

WAC 2023 AGM Track & Field Report

Report prepared and presented by Nev Down

BRAC

In the local BRAC Track & Field competition, Wendouree were competitive all season winning seven premierships out of the 13 age and gender categories. Wendouree won U14, U18, 40+, Open Women & 40+ and Open Men as well as the Open combined (Men & Women)

Premierships. It is worth noting that our Open Women's team went through the whole season undefeated. BRAC Premiership winners, including ladder scores for each club have been posted in the appendix.

Congratulations to the following Wendouree athletes who were awarded the BRAC age category winners from the AVSL competition.

Name	Club	Points	No. events
U14			
Ella Culvenor	WEN	10558	36
U14			
Mitch Korosec	WEN	10190	29
U16			
Mackayla Culvenor	WEN	13202	36
U18			
Bridie Shanahan	WEN	11481	32
U20			
Mari Campbell	WEN	5144	17

The highest point scoring athletes in each age category for the Wendouree AC are shown in the slides below that are taken from our T&F end of season Presentation evening.

<p>Under 14 Male</p> <ul style="list-style-type: none"> • 3rd Dermott Orchard (24) 3871 points • 2nd Purv Patel (18) 6342 points • 1st Mitchell Korosec (20) 8017 points 	<p>Under 14 Female</p> <ul style="list-style-type: none"> • 3rd Matilda Bennett (17) 5566 points • 2nd Lily Austin (25) 7486 points • 1st Ella Culvenor (28) 8258 points 	<p>Under 20 Male</p> <ul style="list-style-type: none"> • 3rd Eugene Read-Spinks (2) 914 points • 2nd Ben Nash (6) 2883 points • 1st Lachlan Hawkes (27) 8839 points 	<p>Under 20 Female</p> <ul style="list-style-type: none"> • 1st Mari Campbell (9) 3712 points
<p>Under 16 Male</p> <ul style="list-style-type: none"> • 3rd Nathan Moorfoot (8) 2864 points • 2nd Hudson Downes (10) 4843 points • 1st Jace Murray (14) 6517 points 	<p>Under 16 Female</p> <ul style="list-style-type: none"> • 3rd Phoebe Schneider (15) 5417 points • 2nd Bridie Orchard (22) 5541 points • 1st Mackayla Culvenor (26) 11014 points 	<p>40+ Male</p> <ul style="list-style-type: none"> • 3rd Stephen McLennan (30) 7756 points • 2nd Phillip McLennan (30) 8212 points • 1st Leon Whitehand (27) 8390 points 	<p>40+ Female</p> <ul style="list-style-type: none"> • 3rd Angela Williams (15) 5317 points • 2nd Michelle Hawkes (30) 6371 points • 1st Alison Fidler (24) 6953 points
<p>Under 18 Male</p> <ul style="list-style-type: none"> • 3rd Axel Caldwell (27) 8064 points • 2nd Archie Caldwell (27) 9725 points • 1st Zac Grainger (26) 9908 points 	<p>Under 18 Female</p> <ul style="list-style-type: none"> • 3rd Madison Wright (9) 3305 points • 2nd Emma Smith (13) 4123 points • 1st Bridie Shanahan (26) 10135 points 	<p>Open Male</p> <ul style="list-style-type: none"> • 3rd Yual Reath (10) 3915 points • 2nd Josh Hawkes (25) 5870 points • 1st Tyler Davis (22) 6752 points 	<p>Open Female</p> <ul style="list-style-type: none"> • 3rd Gabrielle Lang (10) 1753 points • 2nd Nyajima Jock (7) 2916 points • 1st Caitlin Christie (27) 6340 points

Congratulations to the following Wendouree athletes who produced the Best performance, out of all BRAC athletes, in AVSL Open competition.

800m	Male:	Archie Caldwell	1:55.26
100m Hurdles	Female:	Gabrielle Lang	21.79
400m Hurdles	Female:	Mari Campbell	67.35
Long Jump	Female:	Madison Wright	5.63m
High Jump	Female:	Caitlin Christie	1.45
High Jump	Male:	Yual Reath	2.15
Hammer	Male:	Brendan Hawkes	32.22m
4 x 100m	Male:	Wendouree AC	46.21
4 x 400m	Male:	Wendouree AC	3:40.01

Congratulations to the many Wendouree athletes who claimed new BRAC records during the season.

AVSL

After finishing runners-up in Division 3 last season, and hence being promoted to Division 2, Wendouree consistently produced strong consistent each week in the statewide AVSL competition. Wendouree finished on top of the Division 2 ladder with Mentone, who defeated us last year, in second and being our biggest threat leading into the Playoffs.

With a home venue Playoff, Wendouree rallied the troops and produced an outstanding team effort to convincingly win the Division 2 Premiership by over 10,000 point. Well done all.

Division 2 Championship			
	WEN	Wendouree	62,776 
	MEN	Mentone	52,275 
	SBE	South Bendigo	39,537
	ANW	Nunawading	31,623
	MPA	Mornington	26,784
Division 2 Relegation			
	BHA	Ballarat Harriers	41,415
	KSB	Keilor St Bernards	40,118
	BGO	Bendigo Harriers	28,121
	GLG	Geelong Guild	19,388 
	SAN	Sandringham	11,126 

Well done to all the athletes, coaches, officials, supporters, and families because it really was a great team effort. The end of season team photo (attached) will be one to look back on with fond memories.



VCAC

Wendouree AC had 43 athletes compete at the VCAC in Geelong.



In individual events, Wendouree AC claimed 16 Gold, 21 Silver and 20 Bronze medals. Wendouree entered 8 teams in the relay events, winning 1 Gold, 1 Silver and 2 Bronze.

A highlight was winning the U18 Men's 4 x 400m relay.



Recognition

Congratulations to Angela Williams who won the Chillwell AC Vet athlete of the meet Award at the Victorian Country Championships, Geelong.

Thank you to our wonderful and hard work officials at the Victorian Country Championships. We'd also like to thank everyone who put their hand up and helped with the club duties over the weekend.

2023 Victorian & Australian All-Schools Track & Field Championships

Wendouree had 12 athletes compete at the Victorian All-Schools T&F Championships, with results shown below. Six athletes went to the Australian All-School Championships. Congratulations to Lachlan O'Keefe and Mackayla Culvenor, Gold medalists at the Australian All-Schools T&F Championships.

Gold & Gold. Mackayla took a convincing win with 11.98m in her triple jump while Lockie made all his supporters very nervous but eventually took the win with a first time clearance at 2.07m in his high jump.

2022 ALL SCHOOLS
TRACK & FIELD CHAMPIONSHIPS
WEEKEND 1

Day One

Mackayla Culvenor	Triple Jump	GOLD, 12.04m PB
Jace Murray	Discus	GOLD, 48.85m
Lachlan O'Keefe	High Jump	GOLD, 2.05m
Bridie Shanahan	Triple Jump	4 th , 10.49m PB
Bridie Shanahan	Shot Put	5 th , 10.92m PB
Nathan Moorfoot	100m Heat	21 st , 12.62
Madison Wright	100m Heat	1 st , 12.40 Q
Mackayla Culvenor	100m Heat	3 rd , 12.36 PB Q
Mitchell Korosec	1500m Heat	5 th , 4.35.82 Q

15

2022 ALL SCHOOLS
TRACK & FIELD CHAMPIONSHIPS
WEEKEND 1

Day Two

Madison Wright	100m Final	GOLD, 12.50
Zac Grainger	2000m Steeple	GOLD, 6:18.81
Bridie Shanahan	Discus	SILVER, 34.44m PB
Mackayla Culvenor	100m Final	BRONZE, 12.51
Mitchell Korosec	1500m Final	6 th , 4:33.87
Mackayla Culvenor	100m Semi	5 th , 12.92 Q

16

2022 ALL SCHOOLS
TRACK & FIELD CHAMPIONSHIPS
WEEKEND 2

Day One

Maddie Wright	Long Jump	SILVER, 5.57m PB
Matsida Bennett	Hammer	SILVER, 27.55m PB
Jace Murray	Javelin	BRONZE, 43.13m
Mackayla Culvenor	Long Jump	BRONZE, 5.41m PB
Jacob Cheesman	3000m	10 th , 9:28.24
Mackayla Culvenor	200m Heat	26.47 Q
Mitchell Korosec	800m Heat	2:17.33 Q
Archie Caldwell	800m Heat	2:04.21 Q
Zac Grainger	800m Heat	2:05.40 q

17

2022 ALL SCHOOLS
TRACK & FIELD CHAMPIONSHIPS
WEEKEND 2

Day Two

Zac Grainger	400m Hurdles	GOLD, 57.92
Mackayla Culvenor	200m	SILVER, 25.89 PB
Archie Caldwell	800m	BRONZE, 1:57.07
Bridie Shanahan	Javelin	6 th , 29.52m
Zac Grainger	800m	8 th , 2:00.62 PB
Mitchell Korosec	800m	9 th , 2:14.84 PB

18



2023 AV Track & Field Championships

Wendouree had over 20 athletes compete over the two weekends of State Championships. Our athletes won 2 GOLD, 4 SILVER and 4 BRONZE medals at the Victorian Championships. Lachlan O'Keefe (HJ) and Zac Grainger (Steeple) were our State Champions.

It was great to see many of our junior athletes qualify for Nationals with their performances at these championships. Many PBs were achieved.

Day to day results are shown below.

2023 T&F Champs
U14-18 DAY 1 RESULTS

Mitchell Korosec	1500m	BRONZE, 4:22.25 PB
Bridie Shanahan	Shot Put	6 th , 10.91m
Shakira Lual	400m	2 nd , 63.42 Q PB

31

2023 T&F Champs
U14-18 DAY 2 RESULTS

Zac Grainger	2000m Steeple	GOLD, 6:38.49
Jace Murray	Discus	SILVER, 39.67m PB
Dermot Orchard	Shot Put	BRONZE, 5.07m PB
Bridie Shanahan	Triple Jump	BRONZE, 10.95m
Dermot Orchard	Discus	BRONZE, 12.07m
Dermot Orchard	Long Jump	4 th , 3.46m
Purv Patel	Long Jump	4 th , 5.50m PB
Shakira Lual	400m Final	5 th , 63.80
Mackayla Culvenor	Long Jump	7 th , 5.10m
Shakira Lual	100m Heat	9 th , 14.45
Ella Culvenor	Long Jump	11 th , 4.58m PB

32

2023 T&F Champs
U14-18 DAY 3 RESULTS

Mitchell Korosec	3000m	SILVER, 9:22.01 PB
Maddie Wright	Hammer	SILVER, 30.93m PB
Bridie Shanahan	Javelin	4 th , 34.45m PB
Lucy Bennett	Hammer	4 th , 20.57m
Lily Austin	Triple Jump	5 th , 9.07m PB
Jacob Cheesman	3000m	5 th , 9:07.91
Jace Murray	Javelin	5 th , 38.64m
Zac Grainger	3000m	9 th , 9:29.48
Shakira Lual	200m Final	6 th , 28.88
Ella Culvenor	Triple Jump	6 th , 9.75m PB
Mackayla Culvenor	Javelin	9 th , 13.26m
Shakira Lual	200m Heat	6 th , 28.84 PB

33

2023 U20/ T&F Champs
Open DAY 1 RESULTS

Nyajima Jock 100m Heat 12.70 Q

34

2023 U20/ T&F Champs
Open DAY 2 RESULTS

Yual Reath	High Jump	SILVER, 2.21m
Maddie Wright	100m Final	4 th , 12.99
Archie Caldwell	1500m Final	6 th , 4:01.02
Nyajima Jock	100m Final	6 th , 12.61
Ben Nash	High Jump	5 th , 1.97m
Mari Campbell	400m Hurdles Heat	11 th , 72.48

2023 U20/ T&F Champs
Open DAY 3 RESULTS

Lachlan O'Keefe	High Jump	GOLD, 2.10m
Nyajima Jock	200m Final	7 th , 25.74
Lachlan Hawkes	Hammer	9 th , 37.83m
Nyajima Jock	200m Heat	7 th , 25.20 q

Australian Championships

Wendouree had 10 athletes compete at the Australian T&F Championships in Brisbane. Congratulations to the following club athletes who medalled at Nationals.

- GOLD – Lachlan O'Keefe (HJ);
- BRONZE – Mitch Korosec (3000m).

Events and results are shown in the slides that follow.

GOLD MEDAL

Australian Open & U20 Championships



Lachlan O'Keefe
U20 Mens High Jump
2.08m



BRONZE MEDAL

Australian Junior Championships



Mitchell Korosec
U15 Mens 3000m
9.20.36



OTHER RESULTS

Australian Open & U20 Championships

Nyajima Jock -

Open Womens 200m - 30th, 25.47
Open Womens 4x100m - 4th, 47.94

Ben Nash -

Open Mens High Jump - NH

Maddie Wright -

U20 Womens 100m - 20th, 12.50
U20 Womens Long Jump - 10th, 5.25m



DAY 1 RESULTS

Australian Junior Championships

Shakira Lual -

U13 100m - 9th, 14.09
U13 400m - 8th, 64.08 q

Mackayla Culvenor -

U16 Triple Jump - 7th, 11.10m



DAY 2 RESULTS

Australian Junior Championships

Shakira Lual -

U13 200m - 11th, 28.27 PB

Mackayla Culvenor -

U16 Long Jump - 9th, 5.19m



DAY 3 RESULTS

Australian Junior Championships

Mitchell Korosec -

U15 1500m Final - 5th, 4.22.39

Shakira Lual -

U13 400m - 8th, 63.56

Zac Grainger -

U18 2000m Steeplechase - 9th, 6.22.59

Jace Murray -

U17 Discus - 11th, 34.61m
U17 Javelin - 12th, 45.45m PB



DAY 4 RESULTS

Australian Junior Championships

Bridie Shanahan -

U18 Triple Jump - 11th, 10.93m



Thank you, Caitlin Christie, for providing session by session results on our Facebook page for each of the Championships and to Michelle for regular updates.

International representative

In June 2022 Yual Reath and Lachlan O'Keefe both competed in the High jump at the Oceania Championships in Mackay, Qld. Yual came 2nd (Open) with a height of 2.21m and Lachlan unfortunately DNS.

Yual represented Australia at the World Championships in Oregon (15 – 25 July 2022) to jump 2.17m. This placed him 12th in Qualification Pool One. Well done Yual.

Congratulations to Lachlan O'keefe who represent Australia at the World Athletics Under 20 Championships in Cali, Columbia in August 2023. As a result of his performance at the WJC and winning two National titles, Lachy was deservedly awarded the Ballarat Junior Sportsperson of the year award.

Special mention to Yual and Lachie's coach Paul Cleary for all the good and hard work he does.



Presentation evening

Congratulations to the following who were the Wendouree AC our Special award recipients for the 2022/23 T&F season.

Best First Year Athlete

Male:

- Jace Murray

Female

- Lily Austin

119

Most Improved Athlete

Male:

- Hudson Downes

Female

- Bridie Orchard

123

Spirit of Wendouree AC Award

Prue Orchard

Best Clubperson
(Bill Cleary trophy)

Michelle Hawkes

The most valuable athlete award went to the Female and Male who scored the most points in the Playoff (Weeks 1 & 2) competition.

- **Angela Williams** $1179 + 1275 = 2454$
- 2nd Ella Culvenor $1174 + 1126 = 2300$ • **Zac Grainger** $1237 + 1404 = 2641$
- 2nd Axel Caldow $1254 + 1149 = 2403$

Special mention to Mackayla Culvenor who scored 1448 points in Playoff One, but was unfortunately unavailable for Week 2.

- Mackayla Culvenor 1448

Concluding comments

Track & Field is a sport that is Athlete centred, Club motivated and Coach & Committee driven. Can we please pass on our congratulations and thanks to our wonderful Coaches and Committee members.

Thanks to all our hard-working committee members, coaches, officials, members and supporters who helped season 22/23 be a successful one. I encourage you all to continue to do your bit so next season will be as good or even better.

The Wendouree Athletic Club is a fantastic friendly and family-oriented club with a welcoming, inclusive and supportive culture. Thank you all for helping make it that way.

Report written by Nev Down (WAC Board member)

Appendix:

BRAC Premierships

Women

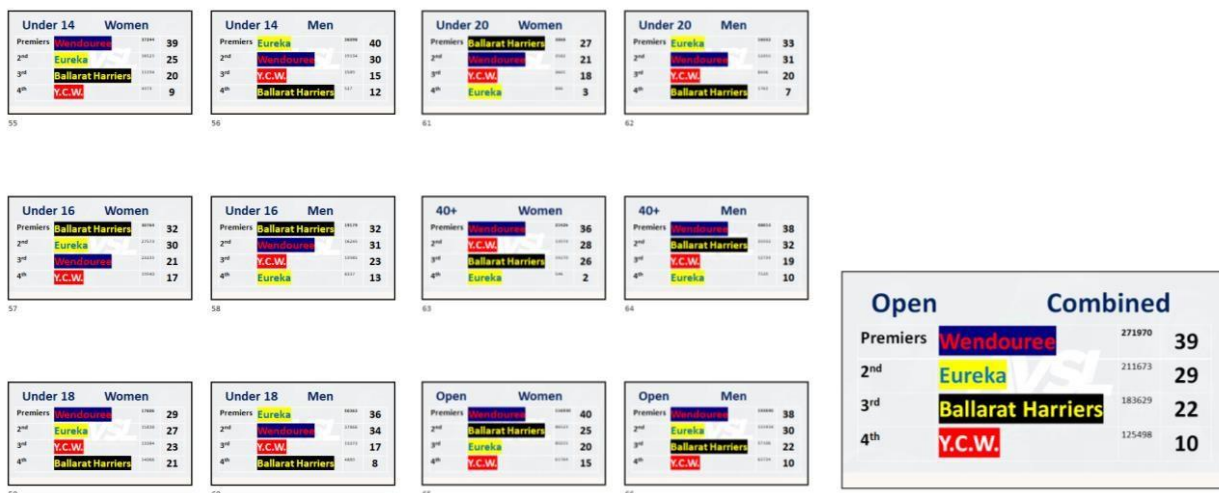
U14	WEN 39
U16	BH 32
U18	WEN 29
U20	BH 27
40+	WEN 36
OPEN	WEN 40

Men

U14	EKA 40
U16	BH 32
U18	EKA 36
U20	EKA 33
40+	WEN 38
OPEN	WEN 38

Combined

OPEN (Combined) WEN 39



Wendouree Athletic Club - 2022 Cross-Country Report

After a couple of disrupted and modified seasons due to the COVID-19 pandemic 2022 saw a welcome return to a full, regular cross-country season.

In regional events Karla Treweek reaffirmed her position in the upper echelon of the club's distance running standings in claiming another Lap of the Lake title. Matt Catterson had something of a breakthrough run to place 3rd in the men's event. Alison Fidler was dominant in the women's 50 plus category throughout the season. Mitch Korosec provided indications of his potential with strong wins in the events that he contested whilst Zac Grainger was typically consistent. Individual results were as follows:

14/5/2022 – BRAC Chas Suffren

- 6.4km
 - Open Women 3rd Angela Williams
 - 50+ Women 1st Alison Fidler
 - 40+ Women 2nd Angela Williams, 3rd Michelle Hawkes
 - U/18 Men 2nd Zac Grainger
 - 50+ Men 3rd Phillip McLennan
- 3.2km
 - U/14 1st Mitch Korosec.

4/6/2022 – BRAC Lap of Lake

- Open Women 1st Karla Treweek
- Open Men 3rd Matthew Catterson
- 50+ Women 1st Alison Fidler
- U/20 Men 2nd Darcy Williams
- U/18 Men 2nd Zac Grainger
- U/20 Women 3rd Ebony Howes

30/7/2022 - BRAC Wal Brown 4km, 8km.

- 4km
 - U/14 1st Mitch Korosec.
 - U/18 1st Archie Caldow; 2nd Jacob Cheeseman.
- 8km
 - 50+ Women 1st Alison Fidler.
 - 50+ Men 1st Phillip McLennan; 2nd Marcus Downes; 3rd Stephen McLennan.

Wendouree athletes again made a significant contribution to the combined Ballarat team in Athletics Victoria XCR competition with notable individual and team results.

7/5/22 - AV X-Country Relays (Jells Park)

- Men U/18 3rd (Zac Grainger)
- Women 40+ 2nd (Angela Williams, Alison Fidler, Michelle Hawkes)

28/5/2022 – AV 8km CCC (Bendigo)

- Angela Williams 2nd 45+, Michelle Hawkes 3rd 45+.
- Alison Fidler 2nd 50+.
- Men U/20 1st (Darcy Williams, Hugh Ollerenshaw).
- Women 40+ 2nd (Angela Williams, Alison Fidler, Michelle Hawkes)

18/6/2022 – AV 12km, 5km, 8km, 4km CCC (Cruden Farm).

- Mitch Korosec 2nd U/14.
- Michelle Hawkes 2nd 45+.
- Men U/20 2nd (Darcy Williams).

25/6/2022 – A.V. Ekiden Relay (Myrning)

- U/14 Men 1st (Mitch Korosec)
- U/20 Men 2nd (Darcy Williams)
- U/18 Men 2nd (Zac Grainger)
- 40+ Women 3rd (Angela Williams, Alison Fidler, Michelle Hawkes)

9/7/2022 - A.V. Sandown Relay

- U/14 Men 1st (Mitch Korosec)
- U/14 Women 1st (Amali Torney)
- U/18 Men 2nd (Zac Grainger)
- U/20 Men 2nd (Darcy Williams, Hugh Ollerenshaw)
- 40+ Women 2nd (Angela Williams, Alison Fidler, Michelle Hawkes)

23/7/2022- A.V. 10km Cross Country (Bundoora)

- Angela Williams 1st 45+, Michelle Hawkes 2nd 45+.
 - Alison Fidler 3rd 50+.
 - Women 40+ 2nd (Angela Williams, Alison Fidler, Michelle Hawkes)
- (Mitch Korosec, Zac Grainger qualified for nationals)

7/8/2022 - A.V. 10km, 5km Road Race (Albert Park)

- Alison Fidler 3rd 50+

20/8/2022 - A.V. 15km, 6km Road Race (Ballarat)

- 6km - Mitch Korosec 1st U/14
- U/14 Men 1st (Mitch Korosec)
- U/14 Women 1st (Amali Torney)
- U/16 Men 2nd (Cody Torney)
- U/18 Men 1st (Jacob Cheeseman)
- U/18 Men 2nd (Zac Grainger)
- U/20 Men 1st (Hugh Ollerenshaw)
- 15km Open Women 3rd (Karla Treweek, Alison Fidler)
- 40+ Women 1st (Alison Fidler)

Australian Cross Country Championships (Adelaide)

- Mitch Korosec 13th, 2nd U/14 teams.
- Zac Grainger.

4/9/2022 – A.V. Half-Marathon, 5km.

- U/20 Men 1st (Darcy Williams, Hugh Ollerenshaw)

21-5-2023

17/9/2022 – AV Tan relays.

U/14 Men 3rd (Mitch Korosec)

Ongoing support of the Ballarat team in the AV XCR is critical in providing opportunities for our athletes to access pathways to higher levels of competition.

Our local club events do not just happen by themselves. Due thanks to those who have ensured these events take place through course marking, marshalling, officiating and collating of results, help is always welcome. To that end our collaboration with Eureka on a number of runs has provided mutual benefits and fostered a healthy spirit of cohesion between the two clubs.

As a personal reflection I would like to pay tribute to Marcel Schnyder following his recent passing. For myself, and I am sure many others, Marcel had a profound influence on my involvement in athletics. His positivity in life and his pure joy for running will continue to resonate especially when we have the opportunity to run through the bush as we do during the winter season.

Finally, it would be remiss not to make mention of the outstanding recent achievement of Angela Williams. Competing at the World Cross Country Championships held in Bathurst earlier this year Angela was successful in winning the gold medal in the women's 50+ category. This is a testament to Ange's undoubted ability but also her application and extraordinary determination to achieve a fantastic result.

Good luck to all for the seasons to come.

The Cross-Country Committee.



Woody Yaloak

Athletic Club

Incorporated

ABN: 68 233 750 508 Inc no.
A0042948T

Haddon Recreation Centre

What a big finish to the Track and Field Season! Thank you to all committee members for their hard work in pulling together a fitting celebration of 25 years of Woody Yaloak Athletics.

The 25th Birthday evening was a very special evening, we not only celebrated the end of another terrific track and field season but to celebrate 25 years of athletics at Woody Yaloak Athletic Club.

The club continues to go from strength the strength, with over 130 participants registered this season.

A club cannot exist without volunteers and people who are prepared to put in and make things happen, and our club is so lucky to have such a particular force behind it.

Over 25 years, a number of athletes moved on to run with the Wendouree Athletics club, and also to other clubs in Ballarat where many have experienced success in their chosen events.

The Woody Yaloak Athletic Club ran a number of interesting track and field events including handicap nights, a walking clinic, runathon, the clubs championship ribbon nights and the Haddon Gift 100m handicap

The current cross country season has 38 registered members and has been lucky to evade any adverse weather.

The club is looking forward to both a successful cross country season and 2023-24 Track and Field season

Benita Martin
President